

# NOTAN's Come & Try It Event 2017

Saturday 29<sup>th</sup> July 2017 & Saturday 26<sup>th</sup> August 2017

9.30am – 12.30pm sharp [registration opens at 8:45am]

**Churchill Playing Fields, Hartley Avenue, Whitley Bay NE26 3NS**

## Programme of events:

TIME	School Year 6	School Year 5	School year 4	School year 3
9.0.9.30	REGISTRATION, RECEIPT OF NUMBERS, ETC			
<b>9.30</b>	100m sprint	Running Long Jump	600m	Howler throw
<b>10.00</b>	Howler throw	75m sprint	Running Long Jump	400m
<b>10.30</b>	800m	Howler throw	75m sprint	Standing Long Jump
<b>11.00</b>	Running Long Jump	600m	Howler throw	50m sprint
<b>11.30</b>	<b>Presentations</b>			

**N.B.a)** In field events, all competitors will have the same number of attempts, but the number of attempts allowed will depend on how many can be fitted into the time allocation (**which must be adhered to**).

b) On the track, the sprint race for years 4 and 3 will take place **before** the distance races for years 6 and 5 (10.30, 11.00)

**Entry Fees-Entry fees on the day:** £1.50 each and every event

**Prizes:** Certificates will be awarded at each meet. **Results:** Will be posted on the NOTAN website at [www.notan.org.uk](http://www.notan.org.uk) as soon as possible after the event..

*To ensure smooth running of the event (especially the field events) helpers on the day will be welcomed*

For the latest info, please visit our Facebook page. Just search in Facebook for: **North of Tyne Athletics Network**

## Entry form 2017

**Date of meeting:** 29<sup>th</sup> July 2017  26<sup>th</sup> August 2017

**PLEASE CHECK!!!**

Name ..... Tel: .....

Address..... e-mail address.....

..... Club(or unattached) .....

Post Code..... D.O.B. .... School Year 2016/17 ..... Boy  Girl

**Events entered £1.50 :** Sprint  Long Jump  Howler throw  Distance

Signed ..... (parent or guardian)

*[N.B. By signing this form you consent to photographs being taken. Anyone wishing to take photographs must register their camera at registration.]*

All proceeds will go towards the maintenance and improvement of the track and field facilities at Churchill Playing Fields.